

SPRING 2026 Camden County 4-H Prepares Youth for a Bright Future



What is 4-H?

4-H is America's oldest and largest youth development organization. Founded in 1902, 4-H is delivered through the Cooperative Extension system – a community of more than 100 public universities across the nation – and **boasts 6 million members nationwide.** 4-H offers youth in kindergarten through one year out of high school (K-13) the opportunity to join a project-based club where they gain leadership and life skills to master their projects, in such areas as science, engineering and technology, citizenship, and healthy living. With guidance from adult volunteers and county 4-H staff, youth are encouraged to set goals, try new things, and take on proactive leadership roles.

Cooperative Extension is a unique collaboration between Rutgers, The State University, the Camden County Board of Commissioners, and the United States Department of Agriculture. As the community outreach arm of the University, our goal is to help the diverse population of Camden County adapt to a rapidly changing society and improve lives and communities through educational programs that are science based.

Meet a Few of Our Camden County 4-H Alumni Members



**CHRISTINA
CANIGLIA**
SICKLERVILLE, NJ
Veterinary Student
Schreiber School of
Veterinary Medicine
Rowan University

Rowan University
Biology, 2022



**DR. CHRISTOPHER
WACHUKU, JR.**
CLEMENTON, NJ
Resident Physician
Columbia University
Rutgers Robert Wood
Johnson Medical School,
2024

Rutgers University
Biology, 2015

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Camden County 4-H Alumni Profiles



Impact of the 4-H Program

Grounded in a research-backed approach to positive youth development, 4-H aims to evaluate the impact of 4-H programs and better understand how young people experience the world.

The unique hands-on approach that 4-H provides gives youth the opportunity to learn by doing and build life skills as they prepare for the future, no matter their career goal (National 4-H Council, 2019).



**MIRANDA
STAFFORD, J.D.**
WATERFORD, NJ

**Rutgers Law School -
Camden, 2024**

**Rutgers-Camden
Political Science, 2019**



**DR. JESSICA
MIDDLEBERG**
SICKLERVILLE, NJ
*Licensed Clinical
Psychologist*

**William James
College, 2019**
Wilson College, 2014



**NEETA
PATEL**
BLACKWOOD, NJ
*M.F.A. Candidate,
Yale University
School of Art,
Graphic Design*
Princeton University
Visual Arts and
Computer Science, 2016



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Camden County 4-H Alumni Profiles



ANDREA PALEOS

SICKLERVILLE, NJ

*Editor, National Board
of Medical Examiners*

**Temple University
College of Liberal Arts,
Philosophy, 2021**

AUSTIN ELLIS

SICKLERVILLE, NJ

*Senior Associate,
Consumer Intelligence
Capital One*

**American University
Business Administration,
2020**

BIANCA ABBATE, JD

SICKLERVILLE, NJ

**The George
Washington University
Law School, 2023**

**LaSalle University
International Relations,
2021**

4-H Experience Correlates with Success in Life In 2019, a national online survey of more than 6,000 former 4-H members suggests 4-H Alumni benefit significantly from their 4-H experience over the course of their lives - socially, physically, emotionally and economically (National 4-H Council).

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Camden County 4-H Alumni Profiles



LAUREN WEIST
STRATFORD, NJ

Aerospace Engineer
NASA Ames Research
Center

Penn State University
Aerospace Engineering,
2022

University of Maryland
Aerospace Engineering,
2020

**ERIKA
PLECZYNSKI**
WATERFORD, NJ
*Water Resources
Project Engineer*
Verdantas

Villanova University
Water Resources and
Environmental
Engineering, 2023

Virginia Tech
Civil Engineering, 2018

SETH TREIMAN

CHERRY HILL, NJ
*Software
Development Engineer*
Amazon

University of Maryland
Computer Science, 2023



The Impact of 4-H

All data suggest that Alumni benefit from the 4-H Model well into adulthood and over the course of their lives, both socially and economically (National 4-H Council, 2019).

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Camden County 4-H Alumni Profiles



DR. FALLON DUFFY SEWELL, NJ

*Greenfields
Veterinary Associates*

**Ross University School
of Veterinary Medicine,**
2020

Rowan University
Biology, 2015

IAN EDDY

BERLIN, NJ

Paralegal,
Flanagan Law, LLC

**Rowan College of
South Jersey,**
Paralegal Certificate,
2025

SID PARIKH

MARLTON, NJ
*Core Developer
Hudson River Trading*

**Georgia Institute of
Technology**
Computer Science,
2025

4-H Alumni: Become Community Leaders

More than 6,000 former 4-H members reported feeling comfortable in a leadership role, volunteer in the community, and are politically active (National 4-H Council, 2019).

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Camden County 4-H Alumni Profiles



MICHAEL RYAN

CHERRY HILL, NJ

Stanford University
PhD Student

Stanford University
MS, Computer Science, 2025

**Georgia Institute of
Technology**
BS, Computer Science, 2023

CRAIG ROBINSON

CHERRY HILL, NJ

*Water Resources
Engineer
Wade Trim*

**University of
Pittsburgh**
Environmental
Engineering, 2023

KAITLYN KARPOWICZ

BLACKWOOD, NJ

*Music Teacher
Deptford Middle School*

Rutgers-Camden
Master of Arts in
Teaching Music and
Special Education, 2022

Rutgers-Camden
Music, 2021



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**ABIGAIL
MALITSKY**
VOORHEES, NJ

Grant Writer TRU
Partnership

Haverford College
Anthropology, 2025



**AVANISH
KARLAPUDI**
CHERRY HILL, NJ

*Hardware Security
Intern, Boeing*
Purdue University MS,
Computer Engineering,
Expected 2026

Purdue University
BS, Computer
Engineering, 2025



KIRA KINSEY
HADDONFIELD, NJ

Registered Nurse

Rutgers-Camden
School of Nursing, 2025

4-H Alumni: Experience Satisfaction in Life 4-Hers
Are More Satisfied Socially & Emotionally (National
4-H Council, 2019).



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Camden County 4-H Alumni Profiles



**SAVANNAH
BRANNAN**

CLEMENTON, NJ

**Thomas Jefferson
University**
Law and Society, 2025

**VICTORIA
ZUBRZYCKI**

CHERRY HILL, NJ

Registered Nurse
**Thomas Jefferson
University**
Nursing, 2025

Stockton University
Exercise Science, 2024

**CHRISTINA
MCDONALD**

ERIAL, NJ

Pursuing Accelerated
B.S. in Nursing
**Chamberlain
University**
Expected 2026

Stockton University
Health Sciences, 2023

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